

Institute  
for the  
Advancement  
of Human  
Behavior

## CERTIFICATE OF ATTENDANCE



Nancy Poirier

Name

has attended the following activity,

### **Mindfulness-Based Cognitive Therapy: A 5-Day Professional Training for the Prevention of Depression Relapse**

*held July 29, 2007 - August 3, 2007 in Rhinebeck, NY led by Zindel Segal, Ph.D., and Susan Woods, M.S.W.*

*This activity was sponsored by the Institute for the Advancement of Human Behavior (IAHB), 4370 Alpine Rd. Ste. 209, Portola Valley, CA, 94028, and jointly sponsored by the Omega Institute, 150 Lake Dr., Rhinebeck, NY 12572.*

Handwritten signature of Joan E. Piaget in cursive.

Joan E. Piaget, Executive Director  
The Institute for the Advancement of Human Behavior

Handwritten signature of Deborah J. Warnes in cursive.

Deborah J. Warnes, Business Manager for Programming  
The Omega Institute

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